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Food Information for Consumers Regulation (EU FIC)

All our cake products are produced or handled in an area shared with domestic food production; therefore we cannot guarantee any of our products are free from allergens. The table below summarises which allergens are ingredients in our cakes, but please note that due to methods of production and those of our suppliers, traces of any of the allergens may be present in all our products.

Please contact us if you require further information regarding ingredients used.

Allergen	Sponge cakes ingredients contain	Fruit cakes ingredients contain	May be present in any product
Cereals containing gluten	✓ (wheat)	✓ (wheat)	✓
Eggs	✓	✓	✓
Milk	✓	✓	✓
Fish			✓
Crustaceans			✓
Molluscs			✓
Peanuts			✓
Tree nuts	✓ (almonds)	✓ (almonds)	✓
Sesame seeds			✓
Soya			✓
Celery and celeriac			✓
Mustard			✓
Lupin			✓
Sulphur dioxide and sulphites	✓ (raisins)	✓ (raisins)	✓